HARP

We help you to get the care you need in the community.

Contact information
HARP
Ph: 9076 6700
Email: harpadmin@alfred.org.au

MATS
Ph: 1800 007 656

Further information:

If you would like to provide feedback or request a copy of this information in a different format, contact us at patient.information@alfred.org.au
HARP

We provide care in residential aged care facilities, clinics, or your own home.

HARP clinicians are nurses, allied health practitioners, and medical doctors.

We help you to get the care you need in the community.

Our Services

- Case management and care co-ordination
- Mobile Assessment and Treatment Service (MATS) for the frail elderly
- Medical clinics for people with complex medical conditions
- Pulmonary Rehabilitation for chronic respiratory conditions
- Coaching for Heart Health for people who have had a recent cardiac event
- Health education and support – for people with respiratory and heart conditions

Case management and care co-ordination

Case managers assist with access to social services, coordinating medical appointments, and helping you to navigate the healthcare system to achieve your healthcare needs.

Mobile Assessment and Treatment Service (MATS)

MATS provides health care for frail, elderly people living in nursing homes and in the community. MATS operates seven days per week and takes referrals from GPs, the ambulance service, and directly from nursing home staff.

Medical Clinics for complex medical conditions

Comprehensive medical review is provided in medical clinics that operate between Monday and Thursday. The clinic staff includes doctors, pharmacists and nurses.

COACH

A telephone health-coaching model is provided by Dietitians for people who have had a recent cardiac event.

Health Education

Nurses can come to your home and provide one-on-one health education, to help you understand and manage your medical condition.

Allied Health

A team of occupational therapists, physiotherapists, and social workers can provide a home based assessment and arrange the appropriate equipment and supports to help you remain independent in your home.

Pulmonary Rehabilitation

A team of physiotherapists, allied health, and nurses provide exercise therapy and education. The care is provided in a clinic or at your home.

Helping you to stay well at home

HARP will work with you, your families and healthcare professionals in the community.

Experienced staff work with you in addressing your health goals so that you are confident to manage your well-being.

Am I eligible for HARP services?

- Alfred Health HARP is available to Medicare card holders.
- You must live in the Alfred Health catchment area.
- HARP is a free service.