What is a CT Enterography?
Computed tomography (CT) Enterography is a scan that looks at the small bowel.

Why do I need this test?
Generally this scan is performed if you have abdominal pain or suspected problems with your small bowel.

What to bring:
Please bring any relevant imaging scans (film packet or a CD containing X-rays, CT scans, ultrasound or MRIs etc.).

Preparation:
Tell staff at the time of booking and when you attend your procedure if you have any allergies, have had a previous reaction to an x-ray dye or if you have kidney disease.

Eating/ drinking
You will be required to fast from midnight the night before your scan.

Medications
Tell staff at the time of booking if you are taking any blood thinning medications (e.g. Warfarin, Xarelto, Rivaroxaban, Pradaxa, Apixaban, Eliquis), any antiplatelet medications (e.g. Clopidogrel, Plavix, Aspirin) or any medication for diabetes.

Continue taking other medications as prescribed, unless directed otherwise by medical or nursing staff prior to your procedure.

On the day of your scan, please bring with you a list of all medications you are taking.

Procedure
On arrival to the Radiology department a nurse will discuss your medical history with you and dress you in a patient gown. A cannula (small plastic tube) will be inserted into a vein in your hand or arm.

On the day of your scan you will be required to arrive 1 hour before your appointment time. This is necessary as you will need to drink 1.5 litres of fluid and give it time to enter the small bowel.

Just before the scan you will be asked to go to the toilet and empty your bladder. You will then have one more cup of the contrast solution and be positioned on the CT scan table.
Glaucoma:
If you suffer from an eye condition called glaucoma it is important to inform staff at the time of booking your appointment and when you attend your procedure. A medication called Buscopan will be given during the procedure to help relax the bowel and should not be given to patients that suffer from glaucoma.

Post Procedure Care:
Generally you will be able to go home immediately after your procedure if you have no other medical conditions or concerns that require further treatment.

It is advised to have something to eat and drink before you leave.

Discharge:
You may experience loose bowel movements and abdominal cramping/bloating post scan due to the fluid given during the scan.

You will be provided with an information sheet regarding discharge instructions upon completion of your procedure.

Results:
The results together with the procedure report will be sent to your referring doctor. Please return to your doctor to discuss examination results.

Radiation Risk:
Most medical imaging tests, except MRI and ultrasound, involve exposure to radiation from X-rays. Your doctor considers that the benefits of the examination you require to be greater than the small risk posed by the radiation exposure.

Contact information
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References:
The Royal Australian and New Zealand College of Radiologists®

If you would like to provide feedback contact us at patient.information@alfred.org.au