Find out about how this program can help you

Social Workers provide:
- Counselling for individuals, couples and families
- Casework
- Outreach to rooming houses and pension-only Supported Residential Services (SRS)
- Group Programs such as Carer’s Groups, No More Diets

What is counselling?
Counselling provides a respectful and non-judgemental environment in which to explore difficulties and issues such as:
- Depression
- Anxiety
- Low self esteem
- Relationship difficulties or breakdown
- Family issues
- Grief and loss
- Carer’s issues
- Adjustment to illness.

What is casework?
Casework provides support to help manage practical issues that may impact on your wellbeing. Casework aims to help develop your support network. This can include providing:
- Information
- Co-ordination of services
- Referrals to other services or health professionals
- Advocacy
Social Work  
Caulfield Community Health Service

Our Service
Social Work sessions are conducted at our centre, or at home depending on the client’s needs.

Who can come?
People over the age of 18 years who live in the City of Glen Eira, City of Stonnington, City of Port Phillip or City of Bayside (North of South Rd).

If you have any questions, call the team

How can I access the service?
Referrals can be made by yourself, your doctor or health care professional by contacting Caulfield Access.

If you are 65 or over the referral needs to be made via My Aged Care. You can contact them by phone on 1800 200 422 or myagedcare.gov.au

Do fees apply?
At CCHS, fees apply to our services. Fees are set in line with government guidelines and are based on your income. When you call us, fees will be explained and discussed with you. If you are concerned about fee affordability, please let us know.

Further Information
Caulfield Community Health Service
alfredhealth.org.au/services/caulfield-community-health-service

Alfred Health
alfredhealth.org.au

If you would like to provide feedback or request a copy of this information in a different format, contact us at patient.inform@alfred.org.au