The headspace Youth Early Psychosis Program offers specialist support for young people who are experiencing, or at an increased risk of developing, psychosis.

In South East Melbourne, there are five headspace centres that work closely together to offer the headspace Youth Early Psychosis Program. What this means is:

1. You can access any of the five headspace centres in South East Melbourne

   Young people and their families can access the headspace Youth Early Psychosis Program at any of these five centres. Depending on where you are based, you may find it easier to access one centre over another.

   Together, the five centres offer continuing care, functional recovery, mobile assessment and other services. Your headspace centre and clinician will explain more about what these different teams do and how they’ll work with you.

2. One point of contact

   Once you are registered in the program, you will be assigned one person who will be your main point of contact – this person is your case manager. From there, you and your family can access the program at any of the headspace centres in the South East Melbourne network while still keeping in touch with your case manager who will keep up-to-date on how you’re tracking.

3. Your information

   To make it easier for you to access the headspace centres in the South East Melbourne network, information will be shared across the five headspace centres. Your headspace centre and clinician will provide you with the information that you need to understand how confidentiality works across the centres.
Contact and support

**During the day,** your centre will be your first point of contact for anything that you need.

**After hours,** please call 9076 9499 and one of our specialist headspace workers will be there to speak with you until 9.30pm on weekdays and between 10am and 5.30pm on weekends and public holidays.

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**Where we are**

You can access the headspace Youth Early Psychosis Program at:

**headspace Elsternwick**
319 – 321 Glenhuntly Road, Elsternwick VIC 3185
9076 7500 | headspace.org.au/Elsternwick

**headspace Narre Warren**
66 Victor Crescent, Narre Warren VIC 3805
8738 9880 | headspace.org.au/NarreWarren

**headspace Dandenong**
211 Thomas Street, Dandenong VIC 3175

**headspace Frankston**
62 Playne Street, Frankston VIC 3199
9769 6419 | headspace.org.au/Frankston

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health.