Information for Patients
Following Venous Sampling

Radiology Service

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DATE: _______________

Today you have had a venous sampling performed at the Alfred Hospital Radiology Department.

This procedure involved taking a series of blood samples via a small catheter (tube) inserted into the femoral vein at the level of your groin.

Venous sampling can enable your doctor to determine if any specific organs or glands are not working properly.

You will have been given medication to relax you and reduce the discomfort for this procedure and it has sedative effects. Please see the attached sheet regarding this medication.

For the next 24 to 48 hours:

- Rest as much as possible, and have someone with you for a few hours at home.
- Try as much as possible to lie down instead of sitting to allow the puncture site in your groin to heal.
- Drink plenty of fluids, this will help flush out the X-ray dye used during the procedure.
- Support the puncture site with two fingers when bending, straining, coughing or sneezing.
- Slight bruising/tenderness at the puncture site is to be expected. At home take simple pain relief as required.
- Remove any dressing the following day.
- Have a shower for the next couple of days. Do not bathe or go swimming until the puncture site has healed. Try to keep the puncture site clean and dry.
- Do not drive for 24 hours.
- Avoid heavy lifting (more than 5kgs) and sporting activities for 24 hours.

If you notice any bleeding, swelling or a lump forming at the puncture site, lie down immediately. Apply very firm pressure to the site for 10 minutes.

If the bleeding does not stop, call an Ambulance (000) to take you to the nearest emergency department.

The results of your examination will be forwarded to your referrer, so please ensure you have an appointment.

We hope that the care you received in our department met your expectations; however, any feedback on our service will be appreciated.