What is Occupational Therapy for Children?
Occupational Therapists can help children to develop the skills and confidence to experience success in their everyday lives.

Occupational Therapists can support children with their:

- **Self-Care Skills**
  - Feeding (using a knife, fork & spoon), dressing (doing up buttons, tying shoelaces), grooming (brushing and tying up hair) and toilet training.

- **Productivity – learning at school or kinder**
  - School readiness skills
  - Fine motor skills
    - Hand and finger strength
    - Drawing, writing, cutting
    - Letter and number formation
    - Legibility, pencil grip
  - Gross motor skills
    - Co-ordination and motor planning
    - Posture when sitting
  - Listening to the teacher and following instructions
  - Sitting still, attending and concentrating

- **Social/emotional/behavioural**
  - Play skills and social skills
  - Organising self and belongings, coping with changes in routine
  - Sensory processing - Sensitivity to touch, texture, movement, sound

How does an Occupational Therapist work?
Occupational Therapists work with children and their families to identify and understand functional challenges occurring in the child’s life. Together goals are set and the best treatment approach is decided upon in partnership. This may include some one-to-one based sessions at our clinic, at home, school or kinder and/or participation in one of our group programs.

Groups are run according to need and participants are identified by the clinicians. They include Ready Rockets (school readiness) & Room on the Broom (fine motor).
Who can come?
Children whose families live or work in the City of Glen Eira, City of Stonnington, City of Port Phillip or City of Bayside (North of South Rd). This service accepts referrals for children aged 0 - 18 with mild to moderate needs and who are not eligible for the National Disability Insurance Scheme.

If you have any questions, call the team

How can I access the service?
Referrals can be made by yourself, your doctor or health care professional by contacting Caulfield Access.

Do fees apply?
At CCHS, fees apply to our services. Fees are set in line with government guidelines and are based on your income. When you call us, fees will be explained and discussed with you. If you are concerned about fee affordability, please let us know.