24 Hour Urine Collection

Alfred Pathology Service

Patient Instructions

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This test requires a **full day** (24 hour) urine collection.

**Equipment provided for this test**
24 hour urine (plain bottle)

**Prior to commencing this test**
Apply ID labels if provided or write your **full name** (first, middle & surname), **date of birth** on the bottle.

**Collection Instructions**

**Day 1 on waking:**

1. Empty your bladder into the toilet and discard.
2. Write the date and time on the bottle. This is the start of the urine collection.
3. Collect all urine for the day and night (including while you are out of house)

**Day 2 on waking: (approximately 24 hours from start time)**

1. Empty your bladder into the bottle - this is the end of the collection

Deliver the specimen to collection center on the day you completed the collection.

**Blood test**

**Creatinine Clearance:** 24hr urine collections require a blood sample to be taken for analysis with the urine sample.

Blood will be collected upon delivery of completed 24hr urine collection, so it is important that the patient present at the collection rooms to deliver the sample.

*Specimens will not be accepted if not collected in appropriate (pathology provided) container.*

*If there is a problem during the collection, a replacement container / kit can be provided.*