Urine for Cytology

Alfred Pathology Service

Patient Instructions

The Alfred
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Contact numbers and service hours for collection centers are on the back of your pathology request slip.

This test requires you to collect a sample of urine into the container provided. Separate samples may need to be collected over 2 or 3 days.

The number of samples required will be determined by your doctor and indicated on the pathology request form. Where more than one sample is required these do not need to be collected on consecutive days.

Equipment provided for this test

- 50ml sterile specimen container(s)

Prior to commencing this test

- Do not collect the first urine passed in the morning after you wake up. This is not suitable.
- Eat and drink as normal and collect the next urine passed. Drinking 2 or 3 glasses of water will help.
- Apply ID labels if provided or write your full name (first, middle & surname), date of birth on the container(s).
- Write the date & time of collection on each container. Number them as 1, 2 (or 3), in order of collection.

Collection Instructions

1. Only a small sample of the urine passed needs to be collected, about 20ml or three quarters of the container.
2. Close the container by screwing the lid on tightly ensuring it is straight. Place the container in the specimen bag provided.
3. Keep the first (and second) sample in dark cool place or refrigerate. Deliver all samples to collection center on the same day the last sample is collected.

Specimens will not be accepted if not collected in appropriate (pathology provided) container(s).
If there is a problem during the collection, replacement container(s) / kit(s) can be provided.

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