How do I access services?
To make a referral, contact Caulfield Access Unit on:
Ph: 9076 6776
Fax: 9076 6773

Who can access our service?
Our service is available to adults who are medically stable and live in:
- City of Glen Eira
- City of Stonnington
- City of Port Phillip
- City of Bayside (North of South Rd)

Cost:
There is a small cost per visit.

Interpreters:
Interpreters are available

Where to find us:
Caulfield Hospital, Building 22
Ashley Ricketson Centre
260 Kooyong Road
Caulfield, 3162
T 9076 6207
F 9076 6209
alfredhealth.org.au

Enter via Gate 2 on Kooyong Road
Onsite parking is available (at a small fee)

Public Transport:
- Kooyong Road – Bus #605
- Glen Eira Road – Bus #623
- Glenhuntly Road – Tram #67

Developed & reviewed by our consumers

Alfred Health Community Rehabilitation Program
What do we do?
We provide a specialised rehabilitation program for adults who have recently experienced a change in their health. We work with people to optimise what they can do at home and in the community.

We are a goal oriented rehabilitation program working with clients in the:
- Home
- Local community
- Rehabilitation Centre in Caulfield Hospital

The rehabilitation program may involve individual treatment sessions with your therapist and/or group sessions.

Services available:
- Occupational Therapy
- Physiotherapy
- Speech Pathology
- Social Work
- Neuropsychology
- Clinical Psychology
- Dietetics
- Allied Health Assistant
- Community Health Nursing
- Rehabilitation Doctor

What can we help you with?
- Mobility, balance and strength
- Optimising your participation at home, work and leisure
- Communication and swallowing
- Falls Prevention
- Family and carer support
- Access to community services
- Coping at home
- Memory, concentration and problem solving skills
- Nutrition and eating
- Health education

Groups available:
- Exercise
- Hydrotherapy
- Walking
- Public transport
- Communication
- Wellness
- Functional arm and hand
- Community access and recreation