Where to find us

Caulfield Hospital
1st Floor, Building 28
260 Kooyong Rd, Caulfield 3162
Ph: 9076 6010  Fax: 9076 6435

Melways reference: Map 67 K3

Enter via Gate 2 on Kooyong Road.
Onsite parking is available. There is a charge for parking.

Public Transport

- Kooyong Road – Bus No. 605
- Glen Eira Road – Bus No. 623
- Glenhuntly Road – Tram No. 67 stop 49

How to refer to us

Referrals can be made by your local doctor, community agencies or you can refer yourself or a family member.

To make a referral, contact Caulfield Access Unit on:

Tel:  03 9076 6776
Fax:  03 9076 6773
Email:  access@cgmc.org.au

Who does CDAMS see?

Our service is available to adults who live in:

- City of Glen Eira
- City of Port Phillip
- City of Stonnington

We will consider seeing people who live outside these city councils on a case-by-case basis.

Further information:

www.alfredhealth.org.au

If you would like to provide feedback or request a copy of this information in a different format, contact us at patient.information@alfred.org.au
What is CDAMS?
The Cognitive Decline and Memory Service (CDAMS) is a specialist diagnostic clinic which aims to assist people with memory loss, or changes to their thinking and those who support them.

CDAMS provides diagnosis and assessment of the psychological, medical and social difficulties associated with memory loss. It aims to provide information and advice on management.

If ongoing treatment, support or case management is required CDAMS can assist with advice and arranging referrals for this.

Who should attend?
As part of the ageing process some people may notice some mild slowing in their memory and thinking. This is normal. If, however the changes become progressively more obvious and begin to impact on everyday life, an assessment of memory and thinking would be appropriate.

There are many causes of memory loss and changes in thinking. Accurate diagnosis is vital so that appropriate treatments and information can be recommended.

What is involved in a CDAMS assessment?

CDAMS specialists include:
- Geriatrician
- Neurologist
- Psychiatrist
- Neuropsychologist
- Occupational Therapist
- Social Worker
- Community Nurse

First appointment
An Occupational Therapist, Social worker or community nurse usually completes a home visit to discuss the history of the problem and the impact this is having on your daily activities. If you prefer, this appointment can take place in the clinic.

All subsequent appointments are held in the clinic, located in the consulting rooms (first floor, Building 28) Caulfield Hospital, 260 Kooyong Rd Caulfield.

Medical Assessment
Depending on your situation an appointment is made with our Neurologist, Geriatrician or Psychiatrist. This may include a thorough physical examination, testing of memory and thinking and assessment for any mood problems. This appointment will take approximately 1 ½ hours.

Neuropsychology Assessment
If additional testing is required our neuropsychologist will complete further specialised tests of memory, clear thinking and reasoning. The results are compared to expected levels of ability for age and educational background. This appointment takes approximately 2 hours.

Feedback session
Once all assessments and any further investigations are completed a feedback session is held to discuss the results and provide advice regarding any recommended treatment and supports.

Family members are encouraged to attend throughout the assessment process.

Interpreters are arranged for all appointments if English is not your first language.

Fees
There is no cost for you to attend CDAMS. With your approval some medical appointments may be bulk billed through Medicare.