Psychology for Children

Find out about how this service can help you

What is Child Psychology?

Child psychologists support children and their families who are experiencing developmental, emotional, behavioural and learning difficulties.

Child psychologists can provide support for a wide range of issues including:

- Developmental delay
- Challenges with learning and school
- Strategies for managing bullying
- Social skills
- Behaviour management
- Anxiety
- Depression
- Grief
- Family breakdown
- Parenting support

Our child psychologist can also provide advice and support regarding the transition from kindergarten to primary school, or primary school to high school.

What are the benefits of Psychology for Children?

- Helps children develop their ability to cope with daily stressors (stress, anxiety, anger), and to learn to cope with extreme stressors (family separation, grief).
- Helps children to detect and manage challenges in their learning/educational environment.
- Supports children to learn to understand and manage their own feelings and behaviour.
- It can also help to support parents with understanding and managing their children’s behavior.

Find out how you can access this service on the next page
Psychologist appointments: Wednesdays and Thursdays

Parents, Couples and families can also counseling from our Family Counsellor (Please see Family Counselling-Social work brochure)

Who can come?
Children and their families, who live or work in in the City of Glen Eira, City of Stonnington, City of Port Phillip or City of Bayside (North of South Rd) and who are not eligible for the National Disability Insurance Scheme.

If you have any questions, call the team

How can I access the service?
Referrals can be made by yourself, your doctor or health care professional by contacting Caulfield Access.

Do fees apply?
At CCHS, fees apply to our services. Fees are set in line with government guidelines and are based on your income. When you call us, fees will be explained and discussed with you. If you are concerned about fee affordability, please let us know.