Who is your Case Manager?

You will be given a Case Manager who is located at Caulfield Hospital, with its proud 100 year history of serving the community.

Your Case Manager is:
- A qualified Nurse or an Allied Health Worker e.g. Social Worker, Occupational Therapist or Physiotherapist with extensive experience in aged care

They will:
- Guide you through the complex health and aged care systems.
- Together with you develop a plan to help you stay safe and independent at home.
- Help you get the care and services you need.
- Support you to live the life you want.
- Monitor your needs through home visits and phone calls.
- Liaise with your family, health professionals and caregivers.

How do I choose Alfred Health?

1. Register your need for assistance at home with My Aged Care (MAC) on 1800 200 422

2. Your assessment will be completed by the Aged Care Assessment Service (ACAS). You can contact the local Caulfield ACAS on 9076 6314

3. MAC will confirm by letter you are eligible for a Home Care Package. MAC will also send you a letter when you are given a Home Care Package

4. Call Alfred Health Home Care Packages on 9076 6864 to let us know your Referral Code

5. For more information go to: myagedcare.gov.au
What is a Home Care Package?

A Home Care Package provides funds and services to support people to live independently at home for as long as possible.

Funded by the Commonwealth Government, Home Care Packages provide support, care and services so you can maintain your health and lifestyle.

What can an Alfred Health Home Care Package provide?

- Advisory and coordination services
- Home care/domestic cleaning
- Personal care/Shopping assistance
- Nursing: medication assistance and wound care
- Continence management
- Respite care for self and carer breaks
- Transport and carers for medical appointments
- Healthcare services such as Physiotherapy and Podiatry
- Social groups
- Exercise classes in the pool and the gym
- Home Maintenance/Modifications
- Gardening

Call 9076 6864 for further information on how we can assist.

Why choose Alfred Health?

Alfred Health is a not-for-profit organisation. We do not charge basic daily client fees.

Our goal is to help you maintain your lifestyle and address your healthcare needs.

We will guide you through your options, helping you make the best decisions for now and the future.

All Alfred Health and contracted Service Provider staff have appropriate training and police checks.

We have close links with other Alfred Health services:

- The Alfred, Caulfield and Sandringham hospitals and clinics
- Podiatry, Occupational Therapy, Physiotherapy, Dietetics, Social Work, Speech Therapy; Community Health Nurses; Hydrotherapy
- Continence Clinic
- Pain Management
- Rehabilitation
- Cognitive Decline & Memory Service
- Aboriginal Access Worker

Interpreters are available