Occupational Therapy

Find out about how this program can help you

Occupational therapists can assist you to manage ongoing symptoms and prevent complications by:

- finding new ways of doing activities
- changing the environment to suit their needs

How can an Occupational Therapist (OT) help me?

Improving independence with daily tasks
- Self-care tasks including toileting
- Meal preparation
- Household duties
- Community access
- Memory aids

Safety in the Home
- Improving access to the home and the community
- Bathroom modification
- Kitchen modification
- Personal Alarms

Equipment prescription:
- Showering and toileting aids
- Kitchen aids
- Mobility scooters and wheelchairs
- Electric beds
- Hoists and manual handling equipment
- Seating

Find out about if you are eligible to join the program on the next page
If you require financial assistance to fund equipment or home modifications, speak to your OT to discuss options.

**Who can come?**

People over the age of 18 years who live in the City of Glen Eira, City of Stonnington, City of Port Phillip or City of Bayside (North of South Rd).

*If you have any questions, call the team*

**How can I access the service?**

Referrals can be made by yourself, your doctor or health care professional by contacting Caulfield Access.

If you are 65 or over the referral needs to be made via My Aged Care. You can contact them by phone on 1800 200 422 or myagedcare.gov.au

**Do fees apply?**

At CCHS, fees apply to our services. Fees are set in line with government guidelines and are based on your income. When you call us, fees will be explained and discussed with you. If you are concerned about fee affordability, please let us know.