Palliative care

“In the end it’s not the years in your life that count. It’s the life in your years.”

Today you were seen by:

Contact information
Ph: 03 9076 6970
Email: pcenquiries@alfred.org.au

Alfred Health Palliative Care Service
55 Commercial Road, Melbourne VIC 3004
Tel (03) 9076 2000
alfredhealth.org.au

Further information:
Palliative Care Victoria
www.pallcarevic.asn.au

Palliative Care Australia
www.palliativecare.org.au

CareSearch (Information)
www.caresearch.com.au

Cancer Council Victoria
www.cancervic.org.au

GriefLine (counselling)
www.griefline.org.au

If you would like to provide feedback or request a copy of this information in a different format, contact us at patient.info@alfred.org.au
What is palliative care?
Palliative care aims to give you greater control over your treatment and quality of life.
Palliative care recognises that if you are living with a progressive and life limiting illness, you may have particular needs.
The focus of palliative care is on you rather than the disease; on managing symptoms to make you feel as comfortable as possible.
Palliative care recognises the importance of your family and friends. It offers assistance in coping with the experience of caring for someone.

Who are we?
The Alfred Health Palliative Care Service is a specialist team of doctors, nurses, a grief counsellor and a music therapist within Alfred Health.
The consultancy service is available if you require palliative care at The Alfred, Caulfield or Sandringham hospitals.

How can palliative care help me?
Our team works very closely with your treating team to achieve the following:
- the best possible symptom control
- ongoing planning of care and support for you and your family
- goals of care and complex decision making discussions e.g. How do I wish to be cared for?
- grief counselling for you and those close to you
- ongoing support when needed for your family and carer

We have close contact with both palliative care inpatient units and community-based palliative care services statewide.

Who can refer you to palliative care?
- Health professionals
- Carers (with your permission)
- You can refer yourself to the service

As part of our ongoing quality improvement, you may be asked to complete a survey and provide feedback. Participation is voluntary and does not impact on the care you will receive.

Our specialist team can help you at every stage.